

2010

2010

JULY BIRTHDAYS

Ben Raphael
Damon H.

Marcus P.
Punit & Navnit B.

Harkaran S.
Tony C.

Tevin A.
Trey L.

Rhyse T.
Matthew N.

NEW MEMBERS

Mehervan Christian Jordan Haras & Hammad Gurveer Arshdeep
Justin & Angel Sahib

NEW LEADERSHIP MEMBERS

Orrin P. Menard M.

LAST CHANCE FOR SUMMER CAMPS!

Monday – Friday, 9 – 1PM.

Session 1 July 12th – 16th \$195 + Tax

Session 2 July 26th – 30th \$249 + Tax (Leadership Training Camp for all students!)

Week Long Camp is a great way for students to **accelerate their training**. Every camper will have the opportunity to test and move up a belt level. **LEADERSHIP MEMBERS** - your belt graduation is included in your membership!!!!

THANK YOU TO EVERYONE WHO HELPED WITH THE ANNUAL PICNIC!

A GREAT BIG THANKS to Mrs. VanCuylenburg, Mrs. Cumberworth and the other Mom's who helped in the kitchen. Thanks to all the leadership members who helped with set up and clean up. Thanks to Maria for help with the Candle Ceremony.



ANNUAL WORKOUT IN THE PARK!

Thursday July 29th. All regular classes cancelled. We will meet at Bear Creek Park in grassy picnic area by the Water Park at 6:45. Great Photo Opportunity! Come early and enjoy a picnic with your family if you wish. Everyone must wear their **REGULAR WHITE UNIFORMS AND RUNNING SHOES!**

SUPER SEMINAR SATURDAY - JULY 24th

Schedule of Events:



- 8:30 – 9:00 ***Form Critique with Master Karpiuk*** – Limited to 4 Students.
- 9:15—10:30 ***Combat Weapons Sparring*** — Must have Full Sparring Gear
- 10:45—11:45 ***Dynamic Board Breaking!*** ***“Bring a Buddy Event”***
- 12:15—1:30 ***Last Airbender Jahng Bong Tricks!*** ***“Bring a Buddy Event”***

\$15 for one event, \$25 for two, All three for \$30 if Registered by July 15th. \$20 each after. Register now, limited to 20 students for each seminar. If you register a Buddy, you will be entered for a chance to win a **Last Airbender Jahng Bong!!!!** Buddies come as your guest and are **NO CHARGE!**

IMPORTANT SCHEDULE NOTES:

- July 17th – Regional Tournament, Creswell, Oregon
- July 24th – Super Seminar Saturday! No Regular Classes
- July 29th – Workout at Bear Creek Park! No Regular Classes
- August 2nd Academy Closed – Holiday
- August 19th – Summer Belt Exams!
- August 23rd through 28th Academy Closed – Staff Vacation

www.surreyblackbelt.com

(Student password is sbbrocks)