

NEWTON BLACK BELT ACADEMY

(604) 590-KICK

Summer 2010

Member Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours of Operation	4 - 9pm	4 - 9pm	4 - 9pm	4 - 9pm		
All Levels / All Ages		1:30 – 2:15		1:30 – 2:15	C	C
White – Yellow All Ages	5:30 – 6:15	6:00 – 6:45	5:30 – 6:15	6:00 – 6:45	L	L
Camo – Red All Ages	5:30 – 6:15	7:30 – 8:15	5:30 – 6:15	7:30 – 8:15	O	O
Red/Black - Black Belts	7:00 – 7:45		7:00 – 7:45		S	S
Leadership Members	6:15 – 7:00		6:15 – 7:00		E	E
<i>New Adult Fitness Class</i>	7:45 – 8:25	6:45 – 7:25	7:45 – 8:25	6:45 – 7:25	D	D

Please pick up your children immediately following class.

*Students should arrive no more than 10 minutes prior to class.

*Class schedule is subject to change to better meet student demands.



New Adult Fitness Classes!

\$75 per month – non member
 \$50 per month – family member add on
 \$25 per month Leadership member add on
 1 – 4 Classes per week
 \$45 Registration includes Bag Gloves
 & Work out T-Shirt

Sign up for an 8 Week Session Now!

Schedule effective July 5th 2010